

Base Bulletin Vandenberg AFB, CA 93437-0759



12 October 2005 No. 41

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items to Base Publishing Management (30SCS/SCBP) via e-mail to Vandenberg Publishing or fax to 606-6614 by COB Monday (the preceding Friday if a holiday occurs on Monday or Tuesday). Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. **Note:** Include a copy of the 30 SW Form 400 if applicable. All personal requests to advertise rental properties must be cleared through the Housing Office.

SECTION I — ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 606-5773. After hours, 606-9961

Safety Hazard: Dial 605-SAFE.

SECTION II — OFFICIAL

1. All Vandenberg:

- **a. Housing Office Closure:** The Housing Office will close at 1330 on Thursday, 13 Oct 05 for an official function and will re-open Friday, 14 Oct 05 at 0700. (30 CES/CEH)
- **b. Airmen Against Drunk Driving (AADD):** Call us; we'll be your wingman! Call AADD at 605-AADD/606-2233 for a free and anonymous ride home, Thursday through Sunday from 1700—0500. To volunteer as a driver, contact <u>VandenbergAADD@vandenberg.af.mil</u>. (AADD/Executive Council)
- **c. Sexual Assault Prevention Training Schedule:** Mandatory training by Secretary of the Air Force for all military members by 1 Nov 05. Civilians and contractors are highly encouraged to attend! If your squadron is not listed separately, please attend with your group; or, you may attend any other time slot. Be sure you sign in to receive attendance credit. Allow at least 2 hours for training. If you have any questions, please contact Susan Haury or Donna Rathbun at 6-7272. (30 SW/CVK)

Date	Location	Time	Attendees	Time	Attendees
12 Oct	Bldg 10577,	1000	14 AF/CC, 14 AF	1300	30 SFS
	14 AF CR		Senior Leadership		
13 Oct	Base Theater	0900	30 OG	1300	595 SG, 17 TS, 576 FLTS
14 Oct	Base Theater	0900	30 SFS	1300	30 OG
18 Oct	Base Theater	0900	595 SG, 17 TS, 576	1300	14 AF, NRO, 18 IS, 148 SOPS
			FLTS		
19 Oct	Base Theater	0900	30 CES	1300	381 TRG
20 Oct	Base Theater	0900	30 SFS		
21 Oct	Base Theater	0900	30 OG, 30 SW, 30 CPTS	1300	381 TRG, 30 LCG
24 Oct	Base Theater	0900	30 MDG	1300	30 SFS
Makeup	Sessions: 25 Oct	at 1300:	: 26 Oct at 1300: 27 Oct at	0900: 30	Oct at 1300; 31 Oct, at 0900 in

Makeup Sessions: 25 Oct at 1300; 26 Oct at 1300; 27 Oct at 0900; 30 Oct at 1300; 31 Oct, at 0900 in Bldg 10525, Training Room.

d. Military Equal Opportunity (MEO): Under the Equal Opportunity and Treatment (EOT) program an appeal process is available to both the complainant and the accused. Appeals must be in writing and submitted through the MEO office. Only military members can file appeals. Note: Civilian employees are referred to the Chief, Equal Employment Opportunity (EEO) counselor 6-8780, regardless of the status of the alleged offender for complaint processing. For additional information relating to the EOT appeals process please call the 30th Space Wing MEO Office at 6-0370. (30 SW/ME)

2. 30th Space Communications Squadron: (30 SCS)

- **a. AFPDC Shutdown Update:** Please use this link to get the most current information concerning the <u>Air Force Publishing Distribution Center (AFPDC) Relocation and Temporary Shut Down</u>. (30 SCS/SCBP, 6-7892/4)
- **b. Response to Hurricane Katrina:** An e-mail from SAF/XCISI provides urgent records management policy from White House staff relating to the retention of Records in supporting the response to Hurricane Katrina. Supporting the response could be: deployment of personnel and equipment, providing supplies, communications (all records, regardless of media, to include communications with other Fed Departments and agencies, state and local governments, and private sector agencies). You are not asked to forward any of these records at this time, nor advise if you have any records reflecting support to Hurricane Katrina --- only to retain, preserve, and maintain all records relating to Hurricane Katrina. If you have questions, please contact Base Records Management at 6-4212. (30 SCS\SCBR)
- **c. AFSPC Information Assurance (IA) Poster Contest:** Theme of the poster contest is "Computers can't protect themselves!" Deadline for submission to the Vandenberg AFB Wing Information Assurance Office is 26 Oct 05. If you are interesting in participating or want a copy of the rules emailed to you, please email <u>Kimberly.Ricker</u> or <u>Carlos.Siggers</u>. The individual artist of each winning base poster will receive \$100 and the overall AFSPC winning submission will receive an additional \$100 from the Colorado Springs ISSA Chapter. (30 SCS/SCBI)
- d. Revised Visual Aids: 30SWVA10-1, Force Protection Condition (FPCON) ALPHA (Green Background); 30SWVA10-1A, Force Protection Condition (FPCON) ALPHA "Exercise" (Green Background); 30SWVA10-2, Force Protection Condition (FPCON) BRAVO (Yellow Background); 30SWVA10-2A, Force Protection Condition (FPCON) BRAVO "Exercise" (Yellow Background); 30SWVA10-3, Force Protection Condition (FPCON) CHARLIE (Orange Background); 30SWVA10-3A, Force Protection Condition (FPCON) CHARLIE "Exercise" (Orange Background); 30SWVA10-4, Force Protection Condition (FPCON) DELTA (Red Background); 30SWVA10-4A, Force Protection Condition (FPCON) NORMAL (White Background); 30SWVA10-6, Antiterrorism/Force Protection Awareness Card (AT/FP) (White Background) have been posted to E-Publishing and the VEPDL. (30 SCS/SCBP, 6-7894)
- e. Revised Visual Aid: 30SWVA32-5, *Commander's Environmental Policy*, has been posted to <u>E-Publishing</u> and the <u>VEPDL</u>. (30 SCS/SCBP, 6-7892/4)

3. Military Personnel Flight (MPF) (30 MSS/DPMP)

Weekly Update: For the most current Personnel information, check out the <u>MPF Weekly</u> on the MPF Intranet website.

4. Civilian Personnel Flight: (30 MSS/DPCE)

- a. Voluntary Leave Transfer Program: The following Vandenberg AFB employees are currently in need of donated leave: Velma Davis (30 CONS/LGC) and Noralyn Smith (30 MSS/DPHE). Employees in need of assistance Air Force-wide include: Julie Martin, Dyess AFB TX; Melvin Gaither, Cannon AFB NM; Roxanne Williams and Marie Chapin, Whiteman AFB MO; Robert Ray, Davis Monthan AFB AZ; Ms. Glenis Duvigneau, Patrick AFB FL; Mary Rivera and Eloise Pena, Randolph AFB TX; Brenda Cherry, Maxwell AFB AL; Christine Gadz, Rome Lab NY; Alicia Essex, Hanscom AFB MA; Taoshia Hausman, Buckley AFB CO; Shelley Lewis, Los Angeles AFB CA; Ms. Trinidad Galvan, March ARB CA; Ola Gordon, Chantily VA; Joe Dennis, HQ AIA; Angel Sablan, Anderson AFB GU; Brian Mangerson, and Normand Plante, Elmendorf AFB AK; Carol Vilcek, AF Academy; Annette Burkhardt, Scott AFB IL; Steven West, NAS JRB, Ft Worth TX, and Jan Jordan, Mildenhall, UK. Fonda Davis Williams, Atlanta VA Medical Center is also eligible to receive donated leave. Civilian employees who would like to donate a portion of their annual leave must complete an OPM 630-A for Air Force employees or OPM 630-B for non-Air Force employees. Stop by Bldg 11777, RM B-103 to pick-up and/or turn in your form. You may also access these forms online at the following website: http://www.opm.gov/forms/html/opm.asp. (30 MSS/DPCE, 6-5847)
- **b. Civilian Personnel Management Courses:** The civilian training office has scheduled 3 Civilian Personnel Management Courses. All courses will be held in building 14007, Rm D-4 across from the commissary in the education complex. Course hours are 0800—1630 daily. The course is mandatory for all civilians and military who are supervisors of appropriated civilians. The course gives supervisors practical information on their responsibilities in civilian personnel procedures. There is no cost to the unit or attendee and the civilian training office will complete a mass DD Form 1556 for all attendees. Space is limited to 25 seats per class and they will be filled on a first come first served basis. The class dates are 12-14 Oct 05, 17-19 Oct 05, and 6-8 Dec 05. Please contact Valerie Stark, Civilian Training Office, at 5-5913 to register.

5. 30th Security Forces Squadron: (30 SFS/SFOS, 5-0792)

Firearms Registration: IAW 30 SWI 31-101, Installation Security Program, Paragraph 14.3.1, states all base residents who own or possess firearms must register them with the Pass and Registration Office. To initiate the process, request an AF Form 1314, Firearms Registration, from your orderly room. After completing in triplicate, take the signed form to Bldg, 11777, Rm C-111. For more information, contact your Resource Protection Monitor, or call 5-0797. (30 SFS/SFOSP)

6. 30th Civil Engineering Squadron: (30 CES)

- **a. Attention Military Family Housing Residents:** Beginning on 17 Oct 05, refuse, recycling, green waste collection will be performed in zones of housing. Please refer to the handout mailed to your house for your particular zone. Within each zone, all cans at your residence, black (refuse), green (green waste), and blue (the new recycling container to be delivered to your residence) will be serviced all in the same day. Place all of your cans at curbside NET 1800 the day before and NLT 0700 the morning of pick-up. The green container will now be used for green waste. Please place your old gray green waste container at curbside for removal the day of service in your zone. For more information, call Services Contracts. POC: Dan Hehe, 6-2330.
- **b. Facility Managers-Point of Contact Change:** Please ensure that 30th Civil Engineering (CE) Customer Service has the correct Primary and/or Alternate Facility Manager assigned to your building. Call Ms. Dana Willden at 6-3152 or CE Customer Service at 6-0010 to verify the correct information is in our system. If you need to assign a Facility Manager, do so by using the form located in the 30th Space Wing Pamphlet 32-3 Attachment 1. The form may be signed by Unit Commander or equivalent and forwarded to CE Customer Service. Facility Manager training is on the third Wednesday of the month at 1000 in Bldg 11439, Room 109 CES Conference room. (30 CES/CEOFP, 6-0010)
- **c. Satellite Dishes:** A 30 SW Form 35, with sketch showing proposed location, must be submitted to the housing office and approved prior to installation of a satellite dish. Dish must not be installed in a common area or infringe on your neighbor's property. In the older homes the satellite dish may be installed on the eave of the roof in the backyard area not to cause loss of structural integrity and allow water to seep into the structure. In the newer homes (homes built in 1995 and after) the dish must not be attached to any part of the house or fencing, it must be freestanding. Satellite dishes cannot protrude above the fence line and cannot be placed on the fence or on the structure of the house. Cable connection must be made at the designated television port located on the outside of the house. Holes into the stucco wall are not allowed. (30 CES/CEH, 6-3477)

7. Traffic Management Office (TMO) (30 LRS)

Separating, Retiring or PCSing?: PLAN AHEAD! Within 30 days of receipt of orders, stop by TMO, Bldg 11777, Rm C-103 to schedule an appointment for your household goods pick-up dates. Remember, the earlier you meet with us, the greater your chances of moving on the date you initially select. As always, we will work with you to the greatest extent possible. (30 LRS/LGRT, 6-0904)

8. 30th Medical Group: (30 MDSS/SGSAP, 6-5688)

- **a. Renovation of Main Entrance (30th Medical Group):** Beginning 18 Nov 05, the main entrance at the 30th Medical Group Bldg. 13850 will under go an extensive renovation. This renovation will improve the patient safety requirements for medical facilities. During this time an alternative entrance will be utilized via our immunization entrance at the south/west side of the building. It is our intent to make this transition as smooth as possible. Patient parking to include handicap parking will remain the same. If for any reason you require assistance, or have comments that may improve our ability to serve you do not hesitate to contact us.
- **b. All Retirees, Retired Family Members:** Survivors of deceased members, and eligible former spouses enrolled in *TRICARE PRIME* are given 30 days to make their payment before dis-enrollment is considered. If payment is not received within 30 days, the beneficiary is switched over to STANDARD and is unable to get back into PRIME for 12 months. It is imperative for all members to comply immediately in order to continue to receive their covered benefits. If the beneficiary has already paid their bill, they must provide proof of payment or make their full payment as soon as possible to the TRICARE Service Center for continuous service. If you have questions, please contact Capt Andre Beamon at 6-5360.
- **c. Pharmacy Update:** Effective 3 Oct 05, the 30th Medical Group Pharmacy will employ computer technology known as the Q-Matic® System. This queuing management system routes patient flow to multiple windows and tracks their waiting time. The new process begins when a patient picks a number based on a priority system. **Priority A** is for active-duty service members in uniform and **Priority B** for post-operative

patients. This allows the active-duty member to return to work quicker, and the patient who has had an operation to get his pain medication and go home to recover. **Priority C** is for patients seen by the 30th Medical Group providers. **Priority D** is for all other patients. The goal at 30th Medical Group Pharmacy is to be the patients' preferred choice. Through improved services and more efficient patient care, the pharmacy staff is focused on exceeding the customer's pharmaceutical expectations.

- **d. Dental Tip:** A child's baby teeth are as important as the permanent adult teeth. Baby teeth, which often begin to appear when children are about 6 months old, are used for chewing and for speaking. They also hold space in the jaws for permanent teeth that are developing under the gums. Begin brushing your child's teeth with a little water as soon as the first tooth appears. Parents should be using floss on their children's teeth as soon as any two teeth touch. It is recommended that a child be seen by a dentist as soon as the first tooth erupts, but at least no later than the first birthday.
- **e. Clinic Closure:** The 30th Medical Group will be closed for Mandatory Medical Readiness Training the 4th Thursday of every month. For urgent needs please call 606-CARE or 888-252-3299. Please plan ahead for appointments and pharmacy refills. For further information, contact Capt Clemens at 6-5689.

OFFICIAL

JACK WEINSTEIN Colonel, USAF Commander

Karen L. Dean Chief, Publishing Management

SECTION III — UNOFFICIAL

General Information:

a. Base Theater Marquee: The following movies will be shown at the Base Theater, Bldg 13750. Call 6-5565 for movie information. (AAFES)

Day	Date	Movie	Rating	Opens	Starts
Thursday	13 Oct	"40-Year-Old Virgin"	R	1830	1900
Friday	14 Oct	"Red Eye"	PG-13	1830	1900
Saturday	15 Oct	"The Cave"	PG-13	1830	1900
Sunday	16 Oct	"CLOSED"			

- **b. Scuba Diving Class:** Scuba diving classes start 11 Oct 05. This is a fully certified open water course. All books and materials will be provided. Come on out and join the fun and excitement of the underwater world. For more information, call Bob Johnson at 757-0174.
- **c. Big Brothers Big Sisters:** Big Brother Big Sisters matches kids with adult volunteers who share friendship, fun and a positive role model. Come learn how to become a Big Brother or Big Sister, broaden a child's horizon, and bring a little magic into both of your lives. Our New Volunteer Orientation and Training will be held on 12 Oct 05 from 1800—1930 at the Base Library 100 Community Loop Bldg 10343-A Vandenberg AFB CA. Please call Charlie Guzman at 735-4376 ext. 26 to learn more about becoming a Big Brother or Big Sister.
- **d. Global Hearts Group:** The GHG invites families of our deployed and remote troops to a Halloween party at Breakers Dining Facility, Thursday, 13 Oct 05 from 1730—1900. Please wear your costumes. Contact TSgt Sheila White at 6-0039 for more information.
- **e. Vandenberg Hispanic Heritage Month Luncheon:** The VHHM luncheon will be held at the Pacific Coast Club, starting at 1130 on Friday, 14 Oct 05. Price is \$8.00 for members and \$10.00 for non-members. Lunch will be chicken taco salad. For tickets and more information, please contact Capt Dizzy Murphy at 5-1820.
- **f. Fire Prevention Week Youth Fire Camp:** The Base Fire Department is observing National Fire Prevention week 9-15 Oct 05. One of the most exciting activities is the Youth Fire Camp for ages 8-12. This fun filled event allows the youth of our community the opportunity to interact with the fire fighters, there are several fire fighting games planned for the camp. There are 2 separate camps; 15 Oct 05 and 16 Oct 05, both

days are from 1000—1400. Sign up at the Youth Center. The camp is limited to 26 each day, for more information contact the fire prevention office at 6-4680. (30 CES/CEF)

- **g. Jamboree on the Air (JOTA):** The Satellite Amateur Radio Club will host the 2005 Scout JOTA at Building 23100 this weekend, 14-16 Oct 05. Scouts and adult leaders from throughout the Central Coast will camp out at the SARC compound to learn about Amateur Radio and earn a Merit Badge in the process. Each Scout will be able to speak with their counterparts in other countries, using the SARC's equipment. To learn more about this annual Scouting event, simply search for "JOTA" on the Internet. For information about the fascinating hobby of amateur radio, contact Dennis Daniel at 937-7804 or Eric Lemmon at 733-4416. (30SVS/SARC)
- **h. Conference:** (Building Bridges to Peaceful Families): 7th Annual Event to be held on Friday, 21 Oct 05, from 0800—1700 at the Royal Scandinavian Inn, 400 Alisal Road, Solvang, California. Members of the public, mental health professionals and domestic violence prevention advocates are encouraged to attend. This year's conference will focus on treatment approaches and forensic issues. The conference fee of \$85 includes all workshops, program materials, continental breakfast buffet and luncheon. For more information, contact Chris Moody, Conference Registration Coordinator, C/O North County Rape Crisis Center, 736-8535 For further information, contact Margarita Olimpio at 6-8217 or e-mail Margarita.Olimpio.
- **i. Princess for a Day:** Calling Brownie Girl Scouts and girls in 1st to 3rd grade who would like to join the Space and Sea Vandenberg AFB Girl Scouts. Join us on Saturday, 22 Oct 05 from 1300—1500 for a "Princess for a Day" event. Parents and siblings are invited as a craft activity will be provided for siblings. Registered Brownie Girl Scouts cost \$3.00, all other girls \$13.00 (includes one year registration in Girl Scouts). Location is the Vandenberg Center on California Blvd. FMI please contact Cheryl Willard at 6-1119 or Debbie Barnhart at 734-6984.
- **j. Dorm Chat:** The 30th Space Wing Command Leadership wants to know what they can do for you! Every first Tuesday of the month we will have an open town hall forum for you to talk directly to Col Weinstein and/or CMSgt Gordon. Bring all issues and concerns and chat with the wing leadership. The next "Dorm Chat" will be held on 1 Nov 05 at the Dorm Theater Room (Bldg 13410), 1800—2000. For more information please contact TSgt Harrison, 6-2990. (30 MSG/CCH)
- **k. Free Military Appreciation Night:** Allan Hancock College is sponsoring a Free Military Appreciation Night scheduled for Saturday, 5 Nov 05, at Righetti High School in Orcutt. Free BBQ and tailgate party begin at 1700 followed by the 1800 opening ceremonies for the Allan Hancock vs. Moorpark College football game. This event is open to all active duty military and their families and all veterans and their families. Free tickets may be picked up at the Public Affairs office in Bldg 10577, Rm A103 beginning 11 Oct 05. (30 SW/PA, 6-3595)
- 1. UCLA Football's 9th Annual Veterans & Armed Forces Appreciation Day: Veterans & Armed Forces Appreciation Day featuring UCLA vs. Arizona State is scheduled to be held at the Rose Bowl on 12 Nov 05 at 1600. Military personnel and Veterans (in uniform or with valid military/Veteran ID) can receive one free general admission ticket or purchase reserved tickets at a buy-one, get-one free offer. Groups of military organizations that would like to attend may send a general admission ticket request on official letterhead to: Andrew Lempart, J.D. Morgan Center, P.O. Box 24044, Los Angeles, CA 90024. (30 SW/PA, 6-3595)
- **m. Partners Assisting in Reading Program (PAIR):** We are in need of volunteers to help a student read better; just half an hour a day, once a week, for 10 weeks. If interested, please contact Renee Gustafson, PAIR Coordinator at 734-5652.

Family Support Center: (30 MSS/DPF, 6-0039)

- a. Family Services (Loan Closet and Airmen's Attic), Bldg 8339, at the corner of 8th and New Mexico (Base Supply Office): Hours of operation are Mondays and Wednesdays 1000—1400. You can also call them at 6-5484 for Airmen's Attic information. For anyone PCSing and needing access to the Loan Closet when Family Services is closed can come to the Family Support Center, Monday-Friday, 0800—1600, Bldg 10122.
- **b. Personal and Family Readiness Briefing:** Every Thursday 0900—1000 at the Family Support Center. This is mandatory and spouses are welcome to attend. To register for this briefing go on-line to www.amc-ids.com.
- **c. Playtime for Tots:** Meets Friday mornings at 1000—1100 at the Religious Education Center. This playgroup is for parents and the children ages 2 to 5. For more information call Jill at 757-9044.
- **d. Upcoming Classes:** To register for classes go to www.amc-ids.org or call the Family Support Center at 6-0039.

Education Center: (30 MSS/DPHE)

Officer ADSC: There is no longer a requirement to forward officer 1227's to AFPC/DPFFA for the official record. In fact, AFPC is no longer accepting hard copy 1227's. AFAEMS will maintain the digitally signed AF Form 1227 and update MILPDS appropriately, negating the requirement for education centers to forward electronic or hard copy AF Form 1227's for inclusion into ARMS. This means that all officer TA applications will have to be accomplished via the on-line TA application to ensure that we have the digital signature on file. On-line TA is now mandatory for all officers. (30 MSS/DPHS, 5-5904)

Health and Wellness Center: (30 MDOS/SGOAZ, 6-2221)

Risk Reduction Series for Cholesterol, Diabetes and Blood Pressure Education: Weekly classes, Thursdays 1300—1500, instructed by a Registered Dietitian and Diet Technician. Topics covered include: Diabetes Life Style and Meal Planning, Cholesterol Risk and Heart Healthy Eating, High Blood Pressure Education and the DASH Diet. 1st Thursday of the month is Diabetes, 2nd Thursday, Cholesterol, and the 3rd Thursday is the High Blood Pressure Ed. The follow up classes are also on Thursdays from 1200—1300.

Chapel: (30 SW/HC, 6-5773)

a. Worship Schedule:

Catholic Mass:	Saturday	1700	Chapel 2	Protestant Services:			
Confessions	Saturday	1615—1645	Chapel 2	Praise & Worship	Sunday	0900	Chapel 2
Mass	Sunday	1000	Chapel 1	Gospel	Sunday	1130	Chapel 2
Daily Mass	Mon-Fri	1130	Chapel 2	Traditional	Sunday	1130	Chapel 1

- **b. Vandenberg Jewish Community Classes:** High Holy Days are coming up beginning 3 Oct 05. We will have Rosh Hashanah and Yom Kippur services at Chapel 1 on 3-4 Oct 05. Yom Kippur services will be 12-13 Oct 05. Anyone interested in helping out with Oneg on Rosh Hashanah and Yom Kippur "Break the Fast" meals are welcome. Please contact MSgt Teri Brady at 734-3870 or 5-3665.
- **c. Approved Workman Are Never Ashamed (AWANA) Registration and Orientation:** AWANA will be held Wednesday, 12 Oct 05, from 1800—2000 at the RE Complex, Bldg 16140. AWANA is an Ecumenical club for children from pre-school thru high school. Sign up in advance at Chapel 1 admin office or on Wednesday night. For more information, contact Diane Banner at 6-5773.
- **d. Monthly Spiritual Fitness Breakfast:** The 30th Space Wing Chaplain Service is hosting this month's Spiritual Fitness Breakfast at 0630 on Thursday, 13 Oct 05 at Chapel 1 Annex. Our guest speaker is Lt. Col. Samuel Epperson, 381 TRG/CD. Cooked breakfast will be served by the Knights of Columbus. Make this a part of your Spiritual Fitness Regime!
- **e. Annual Fall Festival:** This year's festival will be held on Saturday, 22 Oct 05 in Chapel 1 Annex, from 1400—1700. Come join us for fun & games, bouncy castle, dunk tank, cotton candy, cake walk & much more. Volunteers and bake goods are needed. For more information, contact Diane Banner at 6-5773.

30th Services Division: (30 MSG/SVK, 6-0276)

Services Bulletin: Check out Services Events under the Services Bulletin on the <u>30th Services</u> website. (30 MSG/SVK)

Computer Training: (InDyne, 6-3771)

- **a. Personal Computer Systems Training:** Learn Introduction to Computers—a basic class for beginners; Word 2003 Basic, Intermediate, and Advanced; Excel 2003 Basic, Intermediate, and Advanced; PowerPoint 2003; Access 2003 Basic, Intermediate, and Advanced; Project 2000; Publisher 2003; Outlook 2003; PWRR, and LAN Access Training (a class specifically for those in process of getting an network/e-mail account). Call 6-3771 for more details, or e-mail <u>James Wooding</u>. Contractors may now make reservations, in advance, for <u>all</u> classes, but, are considered to be registering on a "space available basis" for the 3-hour session classes. **NOTE: To register for the Client Support Administrator Course,** contact TSgt Suzann.Abrams-Bowen.
- **b. Computer Tip:** When you're editing a presentation in Slide View (Yes, Slide View IS available in PowerPoint 2003! Hold down the SHIFT & CTRL keys, then click on the "Normal View" button!), PowerPoint offers various ways to display a particular slide. For instance, you can move forward or back one slide at a time by clicking the 'Previous Slide' and 'Next Slide' buttons at the bottom end of the vertical scroll bar (they look like double arrow buttons). You can also drag the scroll box up or down to navigate to the desired spot or use the **Page Up** and **Page Down** keys. But sometimes you need to jump straight to the beginning or to the end of the presentation. If that's the case, while in Normal View, use **HOME** to jump to the first slide or **END** to jump to the last slide.
- **c.** Scheduled Classes: Note: Walk-ins are always welcome!

Class	Date(s)	Time	Bldg
Word 2003 Basic	11-14 Oct	1300—1600	9360
LAN Access Training	11 Oct	0800—1100	9360
Office - Customizing Toolbars	12 Oct	1130—1230	9360
Toolbar Mastery	12 Oct	0800—1100	9360
Intro to Computers	13 Oct	0800—1100	9360
Outlook 2003 - New Features	14 Oct	1130—1230	9360
LAN Access Training	14 Oct	0800—1100	9360
Excel - Conditional Formatting	17 Oct	1130—1230	9360
Photoshop Elements	17-21 Oct	1300—1600	9360
Access 2003 Basic	17-21 Oct	0800—1100	9360
PowerPoint - Inserting Sounds and Movies	19 Oct	1130—1230	9360
Information Technology EC Training	19 Oct	0900—1100	9325
Certification & Accreditation	19 Oct	0800—1130	6525
Internet Explorer - Tips and Tricks	21 Oct	1130—1230	9360

Items for Sale:

For Sale: 2003 Jeep Wrangler X, soft top, automatic, C/C, 31K mi, asking \$20,000/obo, call James at 757-8831.

For Sale: 2002 Mitsubishi Lancer Oz Rally Edition, 45K mi, white, 5-spd, P/W, P/L, C/C, CD, tinted windows. Asking \$8,500, call 734-2080.

For Sale: 2002 Ford Focus ZX5, \$8,500, 50K mi, excellent condition, 6 disc in-dash CD changer, 4-cyl. 2.0 liter 16V, call Robby at (281) 332-5546.

For Sale: 2001 Toyota Tundra 4 DR, access cab, V8, silver, 70,020 mi, P/S, P/B, P/W, A/C, CD/cassette, fog lights, bed liner, excellent truck! Asking \$13,400, contact Bill at 291-1851 or 736-2358.

For Sale: 2001 Honda Accord EX, silver, 95K mi, asking \$8,500/obo, please call Sara at 588-4767.

For Sale: 2001 Pontiac Grand Am 4 DR SE Sedan, 62K mi, power everything, 3.4L V-6, clean/nonsmoker, asking \$7,200, call Phil or Louise at 734-2718.

For Sale: 2000 Acura Integra GS-R, black, leather, chrome rims, tinted windows, 58K mi. Asking \$13,000/obo, please call Sara at 588-4767.

For Sale: 2000 Saturn SL2, low miles, asking \$5,000/obo, call James at 757-8831.

For Sale: 1999 Chevy Suburban LT, V8, auto, leather, P/W, P/DL, A/C, 3 row seat, tape & CD, video system, w/wireless headsets, running boards, roof rack, tow pkg. 92K mi, asking \$12,900. Call 734-9138.

For Sale: 1996 Jeep Grand Cherokee, KBB/\$3,700, asking \$3,500/obo. FMI contact Dave at 934-1645.

For Sale: 1995 Mazda Miata M Edition, wine color w/tan leather interior, good condition, 80K mi, KBB/\$5,000, asking \$4,000. Call 733-2501.

For Sale: 1989 Oldsmobile 88 Royale Brougham Sedan, 4DR, 90K mi, tan leather seats, P/S, P/W, P/L, T/W, and automatic trans, \$1,500/obo. Call 937-2930.

For Sale: 1984 Chevrolet Corvette Coupe, baby blue 35,784 mi w/power blue cloth seats, P/S, P/W, P/L, T/W, and 4-spd manual trans. w/electronic overdrive, asking \$8,700/obo. Call 937-2930.

For Sale: 2004 Suzuki GS500F, blue/white, 496 mi, perfect condition, asking \$3,800, call 734-1311 or 757-1157.

For Sale: Metal shafts, motorcycle wheels, paid \$700, will sell for \$350. Call 734-1607.

For Sale: (4) silver 16" Honda OEM wheels. Retails \$199/wheel, asking \$40/wheel. Please call 714-5450 for pictures via e-mail.

For Sale: (4) Lincoln Navi 18' chrome wheels w/tires, asking \$400, call 588-8761.

For Sale: 7ft X 12ft utility trailer. Newly rebuilt w/3 ft walls, new tongue jack and lighting system. Estimated value at \$1,300, asking \$700. Call 291-3297.

For Sale: 2004 Specialized FSRXC mountain bike. Excellent condition and rarely used. Original price was \$1,200, asking \$850. FMI call 734-5657 or 757-7653.

For Sale: Motorcycle helmets, black Fulmer HT 290 full-face, large, DOT certified \$40. Blue/black/silver HJC CL-14 fuse, full-face, XL, DOT/SNELL certified, \$75, call (937) 657-4910.

For Sale: Sears Craftsman 42 in riding lawnmower, 15.5 hp Kohler engine, 4-5 yrs old, \$400; C-6 transmission for 90 Ford Bronco, \$400/obo. FMI call 734-0269.

For Sale: Super-sized wagon—38"x23", much better than Radio Flyer. Call for more info at 934-3847.

For Sale: Dell Inspiron 1100, Celleron processor, 512 megs of ram, Intel integrated video w/64 megs dedicated memory, 40 gig hard drive, DVD rom/CD burner, lots of software, \$700/obo, call 734-9185.

For Sale: (3) 12" JL W6 speakers w/unfinished box \$400; treadmill (Smooth Fitness 7.1) and platinum crossbar, \$2,500/obo for both. Please Call Roy at 588-4768.

For Sale: Table tennis set, \$100, brand new, requires assembly. Call Margaret 736-6872.

For Sale: Applause 6-string, electric acoustic guitar, black "sunburst" finish, cutaway design, \$185. Call 588-0572.

For Sale: Solid oak microwave/TV stand w/swivel top, \$40. Kenmore washer, great condition, \$75. Call 734-0980.

For Sale: (3) piece ent center, black, holds up to 34" TV asking \$175; Graco auto swing w/6-spd, toy bar/mobile, asking \$50; call Phil or Louise at 734-2718.

For Sale: Kenmore washer and dryer, 2-years-old, hardly used, excellent condition. Call Trisha, 717-4279.

For Sale: Sears 10" Skil table saw w/stand, brand new, still in shrink-wrap, \$150, firm. Call Dennis at 937-1889.

For Sale: Charbroil gas grill, good condition w/partial full propane tank, \$75. (2) Baby cribs one w/mattress, \$50, one w/out mattress \$45; ten gallon fish tank w/stand \$50. Please call (662) 509-0594.

For Sale: Calif king waterbed set w/dresser, contemporary living room set-like new, kitchen goods, fridge, washer/dryer, desks, PC, and many other items. Call Victoria at 740-9239.

For Sale: (2) twin beds, can be used as bunk beds or separately, pine frames, asking \$180, call 878-9815.

For Sale: Beautiful dark pine 8-drawer dresser w/tri-fold mirror \$225; Pro-Form 585 treadmill w/incline, lap counter, pulse monitor, book rest, drink holders, \$200, call 734-1337.

For Sale: King-size Beautyrest tube waterbed, \$200; rosewood ent center w/mother-of-pearl inlay, \$1,700; 100-gallon bamboo aquarium, \$600, call 734-1630.

For Sale: Living room set, oversized pillow back couch and chair w/ottoman, earth tone colored. Good condition, 5-yrs-old, paid \$1,700, will sell for \$350/obo. FMI call 734-0269.

For Sale: Men's mess dress w/all accouterments, 43 long jacket; 34 waist trousers, 180; Bates boots, 11 1/2 regular, never worn, \$130. Contact Mike at 315-5935.

For Sale: Emerson television, 20" screen w/built-in DVD, \$200; Cougar golf clubs, complete set (including accessories and 24 new balls), \$100. Contact Mike at 315-5935.

For Sale: Warn XD9000i vehicle winch, 9,000 pound winch, 125 ft cable, electric, includes push bar mount, \$500/obo. FMI call Casey at 757-1431.

For Sale: Whitewash oak dining room table w/6 chairs and matching china cabinet. Contemporary design, like new condition. Asking \$1,000 for both pieces. Please call Lea at 260-0967 or 937-0539.

For Sale: Large heavy duty wooden children's play table (white). Ideal height for children to use without being on the floor. Measures approx 3 X 5 feet, stellar condition, asking \$85. Call 934-8451 after 1700.

For Sale: Kenmore washer and dryer, great condition, \$200/obo. Call Jennifer at 757-0853.

For Sale: Washer & gas dryer, \$250, can be sold separately. FMI call 217-5920.

For Sale: Naturally playful woodland climber and teeter-totter set by Step 2, asking \$100, call 734-0956 or 588-9386.

For Sale: Girl Scout junior uniform, skort (sm), pant (size 8), polo (med.), long sleeve tee (med.), \$20. Call 588-1057 or 733-5219.

For Rent: 2 bedroom, 2.5 bath townhouse, single car garage, dishwasher, gas range, refrigerator, fireplace, laundry hook-ups, in Vandenberg Village. Available 15 Oct 05. \$1,150.00/mo, \$1,000 deposit. Call 733-4922.

For Rent: 1313 W. Cypress, Lompoc; 880 sq ft 2-story, 1bd condo at apt price. New paint and flooring, 1 car attached garage, D/W, fridge, W/D. large back patio. Asking \$850, call 757-7433.

Yard Sale: Multi family, Saturday, 15 Oct 05 from 0800-1200, Cherry Street, main base.